



## What does it mean to trust Jesus?

### Jesus Is Alive • John 18–21:14

**Jesus came to save the world!** He died on the cross to pay the price for our sins—the things we’ve done wrong. And then, Jesus came back to life! You can choose to put your trust in Jesus as your Savior. That means you can trust Him with your life forever!

**What does it mean to trust Jesus?** In its simplest terms, it means that no matter what happens in your life, you can know that you are not alone—that Jesus is alive and with you! But what does that actually look like in the day-to-day?

Grab a blank sheet of paper and fold it in half. Cut a half circle around the edges (careful not to cut along the fold of the paper),

so that when you open up the paper, it’s a circle. Then close it again, and cut another half circle toward the middle of the paper, so that when you open it up again, it resembles a life preserver.

Find a friend or family member who has put their trust in Jesus, and ask them the questions you see below. Write the highlights of their answers on the life preserver. If you have put your trust in Jesus, add your answers as well! Then, hang the life preserver somewhere you will see it and be reminded of what it means to trust Jesus!

- What do you think it means to trust Jesus?
- When did you put your trust in Jesus?
- How did your life change because of trusting Jesus?
- What are some things you’ve experienced because of trusting Jesus? (like peace)
- When is a time you have trusted Jesus with something big in your life? How did it change things to have faith in Him?



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